

North Star Figure Skating Club

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Skater Guest Information Club Policies July 1, 2019 - June 30, 2020

Welcome to the North Star Figure Skating Club! In an effort to ensure that all members are aware of the policies and procedures here at NSFSC, we have prepared this "Guest Information" which we hope you find helpful. Happy Skating!

Guest Policy (REQUIRED: USFS or ISI member number)

** You will not be allowed access to ice without your membership number. **

A Skater from another USFS Club with a valid membership card may do unlimited walk-ons on North Star Figure Skating Club ice at Guest Skater walk-on rate. A guest may **not** pre-book ice. A waiver is required, and must be signed prior to skating on North Star Figure Skating Club ice. **Please see our ice monitor prior to skating.**

Skating on our ice

Skater **must** 1st **check in and sign in** with the **ice monitor** prior to skating. Skaters must exit the ice immediately when the whistle blows.

Please use your cell phone for exact time as many rink clocks are off by a minute or two.

"Walk-on" and Payment Policies

A "Walk-on" Skater shall be defined as any Member whose name does NOT appear on the list for the session on which the Skater wishes to skate. "Walk-ons" will be granted on a first-come, first-serve basis. If a session is full, Skater must wait 10 minutes to see if a skater is not coming. Space **cannot be reserved** nor can assigned skaters swap sessions. All "Walk-on" Skaters **MUST** come to the rink in person and check with the office. All walk-ons must be paid **prior** to skating or an additional \$2.00 will be added to the walk-on. Guest skaters may not walk on sessions labeled HC- these sessions are for home club skaters only.

Since North Star FSC members have priority on sessions, guest skaters must wait until 10 minutes prior to the start of the session to purchase a walk on.

*****Please note:** NorthStar does not accept bills over \$50 for walk on payments***

Hockey Box Area

No spectators are allowed in this area during skating sessions - to ensure the safety of all.

Freestyle Descriptions/Policies

The safety of our skaters is the primary concern. The right is reserved by the Club to designate a freestyle session a skating level requirement if the majority of the skaters are of a level that could jeopardize the safety of the beginning level skater. If a North Star Home Club Pro or a member observes a skater that obviously does not have the speed and level of maneuvers that may put that skater or other skaters at risk, it is their responsibility to bring this first to the attention of the Skater's Professional, and second, to the Skating Director. If this should occur, and it is necessary to switch a skater to another session, there will be no additional charges for the switch. (please refer to our ice monitor rules).

Moves	Pre-Juvenile MITF and up (unless otherwise noted)
Leveled Freestyle	For skaters at the levels listed. Moves are not permitted
Open	Moves/Freestyle/Dance

1. There will be 'No Admittance' to the ice for freestyle sessions until the moves sessions are over. Skaters must leave the ice as soon as the session ends and wait for the Zamboni to exit the ice prior to the beginning of a session.
2. A Skater doing his/her program has the right of way. It is very important that all skaters are aware of who is skating their program.
3. It is recommended that spins must be taught and practiced between the blue lines.
4. Skaters MUST keep moving on the ice. Unless injured, a skater must get up from a fall as soon as possible.
5. Congregating at the boards, on the ice or sitting on the rink barriers is NOT permitted.
6. Skaters and coaches are NOT allowed to have refreshments on the ice other than unbreakable, sealed water bottles.
7. Talking on cell phones, iPods, etc. are not permitted on the ice.
8. Proper skating attire. No jeans please. Hooded sweatshirts should also be avoided.
9. NO talking is permitted in the middle of the ice.
10. When sessions are available in more than one rink, skaters may be asked to switch to the other rink based on the level of the majority of the skaters.
11. Skaters may politely say "excuse me" when skating their program.
12. Skaters must watch out for higher level skaters.
13. Program restarts are not allowed without the permission of a coach.
14. Skaters must wear orange "vest" when performing a program with music.

Moves-in-the-Field Policies

The skating of jumps and spins are not permitted on Moves Sessions.

NSFSC Harness

The harness is the property of the North Star Figure Skating Club and may ONLY be used by Home Club Professionals who are insured and a member of PSA and USFS.

North Star Figure Skating Club
Guest Registration
July 1, 2019 - June 30, 2020

Name: _____ Date _____

Phone # (Home) _____ (Cell) _____

Address: _____

****E-mail Address:** _____

Email addresses: **IMPORTANT** please print clearly; we use these to send updates, cancellation, etc.

NOTE: if your email address is illegible we will not be able to send email, therefore you will be responsible for any updates or cancellations.

Home Club: _____

Required: USFS # _____ ISI # _____
(If Skater does NOT have Member number, we cannot allow Skater on Ice – Liability) NO exceptions!

Current Coach: _____

Current Coach's Signature (to verify level) _____

Please fill out appropriate test level passed.

Last Freestyle Test Passed: _____ Last Moves in the Field Test Passed: _____

Last Basic Skills Test Passed: _____ Last ISI Test Passed: _____

(Must sign Assumption and Acknowledgment of Risk & Release of Liability Agreement on back)

Office use: updated spreadsheet []

NorthStar Ice Sports

WAIVER OF LIABILITY, RELEASE, ASSUMPTION OF RISK & INDEMNITY AGREEMENT

The purpose of this **WAIVER OF LIABILITY, RELEASE, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT** (the "Agreement"), is to waive, release and indemnify Northboro Youth Hockey Program, Inc., Northstar Hockey, NorthStar Ice Sports, North Star Figure Skating Club, coaches, officials, volunteers, sponsors, advertisers, owners and operators of the premises and their officers, directors, agents, and employees (the "Releasees"), from any and all liability for the Participant's personal injury, property damage, and/or wrongful death, including if caused by the negligence of any of the Releasees.

In consideration for being permitted to participate in ice skating, ice hockey and/or related activities, being permitted to enter the NorthStar Ice Sports skating facility and common areas (the "Premises"), and/or being permitted to use ice skating or other equipment owned by the Releasees (the "Equipment"), Participant (and/or Participant's parent/guardian), on behalf of themselves and the Participant's heirs, executors, administrators, assigns, representatives, and next of kin, **HEREBY FULLY AND IRREVOCABLY RELEASE, INDEMNIFY, HOLD HARMLESS, AND FOREVER DISCHARGE THE RELEASEES** of and from any and all actions, causes of action, suits, damages, judgments, claims, and demands whatsoever, either in law or equity, arising from any accident, injury, death, or property damage, resulting from, or in any way connected with the Participant's entry on the Premises, use of the Releasees' facilities, Equipment, services, and/or participation in any of the activities offered by the Releasees whether on the Premises or not.

Participant (and/or Participant's parent/guardian), acknowledges, understands, and assumes all risks inherent in ice skating, ice hockey and/or related activities, and understands that said sports and activities involve risks to the Participant including bodily injury and death and that the Participant (and/or Participant's parent/guardian), has full knowledge of such risks. These risks and dangers may be caused by the negligence of the Participant or the negligence of others, including the Releasees. The Participant (and/or Participant's parent/guardian), further acknowledges that there may be risks and dangers not known or not reasonably foreseeable at this time.

Participant (and/or Participant's parent/guardian), acknowledges, understands, and assumes all risks arising from the conditions and use of the Premises and/or use of Equipment, including risks based on the performance, or failure to perform maintenance, inspection, supervision, or control of the Premises and/or Equipment and for the failure to warn of dangerous conditions existing on the Premises, and for the negligent selection, supervision or instruction of certain Releasees.

Participant (and/or Participant's parent/guardian), agrees if any claim for Participant's personal injury, property damage, and/or wrongful death is commenced against Releasees, he/she shall defend, indemnify, and save harmless Releasees from any and all actions, causes of action, suits, damages, judgments, claims, and demands.

Participant (and/or Participant's parent/guardian), warrants that neither the Participant nor his/her child(ren) have any known medical conditions or disabilities which may be incompatible with the safe participation in ice skating, ice hockey and/or related activities. Participant (and/or Participant's parent/guardian), further agrees that all Participants under the age of 18 shall remain the responsibility of a parent or legal guardian while on the Premises.

Participant (and/or Participant's parent/guardian), acknowledges that he/she has been provided with and has read the above paragraphs and has not relied upon any representations of the Releasees, and that he/she is fully advised of the dangers of ice skating, ice hockey and/or related activities and signs this Agreement freely and voluntarily. Participant (and/or Participant's parent/guardian), agrees that this Agreement shall be governed by the laws of the Commonwealth of Massachusetts.

Participant's Name (Print)

Age

Participant's Signature

Date Signed

Parent or Guardian Signature (if Participant is under 18)

Date Signed