

NSFSC Tentative Fall Ice Schedule - Gold/Platinum Skaters
September 8, 2020 - October 3, 2020

Open sessions - Choose 1 or more per week. All sessions on Rink C						^ Class on this session *Star ice
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
10:10-11:20*		10:10-11:20*			8:00-9:10	
11:20-12:30*	11:10-12:20*	11:20-12:30*	11:10-12:20*		9:20-10:30	
12:50-2:00*	12:20-1:30*	12:50-2:00*	12:20-1:30*		10:40-11:50	
2:00-3:10 <i>Half session 2:35-3:10</i>	1:40-2:50* <i>Half session 2:15-2:50</i>	2:00-3:10 <i>Half session 2:35-3:10</i>	1:40-2:50* <i>Half session 2:15-2:50</i>	FRIDAYS ONLY OFFERED IF WE HAVE A GREETER	<i>No half sessions on Saturdays</i>	
3:20-4:30 <i>Half session 3:55-4:30</i>	2:50-4:00 <i>Half session 3:25-4:00</i>	3:20-4:30 <i>Half session 3:55-4:30</i>	2:50-4:00 <i>Half session 3:25-4:00</i>	2:50-4:00		
4:40-5:50^	4:10-5:20	4:40-5:50^	4:10-5:20	4:10-5:20		

Classes - Choose 2 or more per week. Rink B unless noted *All classes will begin the week of 9/14*			
Monday	Wednesday	Saturday	Off-ice classes
3:15-3:50 Beginner ice dance JoAnne Bliss Gold - US skaters	3:15-3:50 Patch class Denise Marco Gold - US skaters	8:10-8:30 Beginner Patch 8:35-9:00 Edge class Kelly Annese Gold/Platinum Skaters *Must sign up for both classes together. Counts as 2 classes for Gold/Platinum requirements.	Thursday 5:30-6:20 Off ice class Barbara Kossowska Dynamic Strength
3:55-4:30 Edge class Kelly Annese Gold - US skaters	3:55-4:30 Edge class Kelly Annese Gold - US skaters		
4:40-5:05 TNS class Vicki Cahill Gold/Platinum skaters (Rink C) Optional: add 5:05-5:50 practice if enrolled in 4:40 SGT class.	4:40-5:05 TNS Class Ann Wehr Gold/Platinum skaters (Rink C) Optional: add 5:05-5:50 practice if enrolled in 4:40 SGT class.		Saturday 12:00-12:50 Off ice class Barbara Kossowska Dynamic Strength

ALL ICE MUST BE PRE-BOOKED OR A \$5.00 FEE WILL BE ASSESSED PER SESSION. SKATERS MUST ARRIVE 5 MINUTES PRIOR TO SESSION TO BE ALLOWED IN.